



Employ Me Southport

Are you looking for a job?

If you have a learning disability and live in Southport, Mencap can help you. Employ Me Southport is a free programme to help you learn work skills, get some experience with an employer and find a job.

Employ Me Southport

for people with learning disabilities

Why do people work? They might want to earn their own money, to meet people, or to learn new things. They might want to have something interesting to do during the day.

Lots of people with learning disabilities or autism would like to work, but sometimes they don't know where to start. Mencap can help.

We will:

- Identify what you would like to do
- Support the skills you already have
- Provide weekly small group sessions to help you build new skills, give you the correct help and improve your confidence – just what an employer is looking for!
 - Arrange a work experience placement within the local area
 - Support you while you are on the placement
- Provide travel training if needed





The skills you will learn are:

- We will help you to write a C.V (which tells employers what you have done before)
- We will practice with you, what might happen at a job interview (interview skills)
- You will learn how to find a job and how to apply for it
- When you get a job, we will support you in the work place until you can work by yourself

Richard who works at Sainsburys says:

"Mencap supported me all the way through the interview. I didn't have to fill out an application form.

I do cleaning, tidying, dressing the shelves, sweeping inside and outside the store, and I help customers if they have a question."

To find out more, you can call or email us.

We can tell you more about Employ Me Southport.

Email us at southportinfo@mencap.org.uk

Or call or text one of our team to find out more.

Emma Crespin 07817059513

Helen Duxfield 07870 389027