



# Employ Me

## Southport



### What is it?

A **free** programme to help you learn work skills, get some experience with an employer and help you to look for a job.

### How long for?

10 weeks of small group sessions, for 2 hours each week.



### What will I do in the sessions?

Learn new skills



Improve your confidence

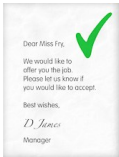


Practice interview

skills



Write a CV



Learn how to look for and apply for jobs

### What support will I have?

We can:



Arrange some work experience



Support you while you are at work



Provide travel training if needed



**Call or text Emma or Helen if you are interested**

Emma 07817 059513